



Pre-Operative Instructions For Sedation & General Anesthesia

1. If you have been scheduled to have sedation or general anesthesia for your surgery, **do not eat or drink anything for 8 hours** before surgery. Any liquid or food in your stomach during an anesthetic could have life-threatening consequences. If you eat or drink anything, your anesthetic will be cancelled.
2. You must bring a responsible adult who can drive you home. For safety, this person must stay at our office for the entire appointment. You may not drive the day of surgery.
3. The American Society of Anesthesiologists (ASA) and the American Association of Oral & Maxillofacial Surgeons (AAOMS) guidelines for patients on GLP-1 receptor agonists recommend continuation of their medications and a **liquid diet for 24 hours prior to surgery**. These medications include: Exenatide (Byetta, Bydureon), Liraglutide (Victoza, Saxenda), Dulaglutide (Trulicity), Semaglutide (Ozempic, Wegovy), Rybelsus, Albiglutide, Tanzeum, Lixisenatide, (Adlyxin), Tirzepatide (Mounjaro).
4. Wear loose fitting and comfortable clothing. We recommend a short-sleeve shirt for ease of taking your blood pressure and applying montitors. A T-shirt, comfortable pants, and gym shoes are a good choice.
5. Please call if you have any questions concerning these instructions or your scheduled appointment.