



## **IMPLANT & BONE GRAFT POST-OPERATIVE INSTRUCTIONS**

Congratulations! You are on the path to restoring the form, function, and appearance of your teeth. The following instructions will help hasten your recovery and reduce the likelihood of problems.

1. Temporary restoration: If you have a removable temporary restoration (such as a stayplate or a flipper), it is imperative that it does not touch your gums or your implant. Any pressure from the temporary will cause the bone graft and/or the implant to fail. If you have a temporary crown on your implant, do not bite or chew with it. If you load the implant during the healing period, the implant will fail.
2. Additional oral hygiene instructions: Do not use an electric toothbrush on the implant healing abutment. The vibration from the electric toothbrush may cause the healing abutment to become loose and fall out. Do not use a waterflosser at the surgical site.
3. Starting the day after surgery, begin Peridex/Listerine rinses. Rinse twice daily, once in the morning and once a bedtime.
4. Antibiotics: To decrease the risk of infection, take your prescribed antibiotics until gone.

Your next dose is at \_\_\_\_\_ am/pm.

5. Do not chew on the implant or bone graft site.

If you have concerns or questions, please phone. In order to reach your surgeon, it is best to phone during office hours. If you have a question after hours, a surgeon is available through the answering service at (707) 545-4625.